

ACUTE RESPIRATORY INFECTION BY NOVEL CORONAVIRUS (COVID-19)

What is novel coronavirus?

On January 7th., 2020, Chinese authorities identified the emergence of a new type of virus, named "novel coronavirus", 2019-nCov. Subsequently, the virus has been referred to as SARS-CoV-2, and the disease as COVID-19.



What are its symptoms?

Most common symptoms include **fever, dry cough and shortness of breath**. 80% of cases are mild. In more severe cases, the infection can cause pneumonia, intense breathing difficulty, renal failure and even death.

The more severe cases, generally affect older adults or people who already suffer from preexisting conditions such as heart or lung disease, and immuno-compromised populations.



Fever



Cough



Shortness of breath

How contagious is the infection?

According to the information we currently have, and taking into consideration the transmission mechanisms more common in coronavirus, transmission occurs via droplets when an infected person coughs or sneezes.

In order for the infection to occur, it would require direct contact of the respiratory droplets of an infected person with the mucous membranes of another person (nose, mouth, eyes).

Transmission through the air at distances over one or two meters (three to six and a half feet) seems unlikely.



What can I do to protect myself?

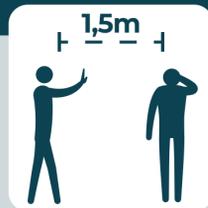
Take the corresponding personal protection measures against respiratory diseases, as you would normally do with the flu:



Frequent hand hygiene (thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water), **especially after direct contact with ill people or their environment**).



Avoid touching your eyes, nose and mouth, as the infection is spread by hands.



If you have any symptoms of respiratory illness, avoid close contact (keeping a safety distance of approximately one meter/three feet) **with other people**.



When coughing or sneezing, cover your mouth and nose with the inside of your elbow.



Use disposable tissues and throw them away immediately.

What actions are being carried out by the Spanish Ministry of Health and the Department of Health of the Region of Murcia?

There is a permanent evaluation of the situation's evolution and they are developing specific actions in relation to the coronavirus outbreak.

Daily updates on the outbreak situation have become available to the public and can be consulted at: www.mscbs.gob.es/profesionales/saludPublica/ccayes/alertasActual/nCov-China/home.htm



You can also access this information scanning the following QR code:

INFORMATION AND EMERGENCY NUMBERS

☎ **900 12 12 12**

Toll-free number designated to tend to the citizens' requests and questions regarding the coronavirus, **available from Monday through Friday, from 8 am to 8 pm.**

☎ **112**

24-hour service. Use in case of emergency or suspected cases of coronavirus.

